# **TRNC** COMMUNITY

### SUPPORT AND CARE FOR INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES

Celebrating 65 years of community care!

### **ABOUT TNC**

Founded in 1949 as the Cerebral Palsy Foundation and later becoming the Harry S. Truman Children's Neurological Center, we now operate under the name TNC Community. We're a non-profit agency dedicated to providing support and care for individuals with intellectual/developmental disabilities in homes like mine and yours nestled into neighborhoods across Missouri.

### **OUR VISION**

To be the region's foremost provider of high quality services to persons with developmental disabilities by providing individuals the opportunity to achieve their goals in a safe and healthy environment.

### **OUR MISSION**

Advocating for interdependent living, education and community inclusion through competent, caring support.



I'M A BOARD MEMBER!



I LOVE WHERE I LIVE!

### WHY TNC?

Here at TNC Community, we understand that everyone is an individual. And we understand that disabilities and diagnoses affect each person uniquely. That's why we customize our supportive services to fit each person's needs and goals. Whether you need 2 hours or 24 hours, we're here to help.

### **BARRIER REMOVAL**

We believe that all persons associated with TNC Community should advocate for the removal of architectural, environmental, attitudinal, financial, employment, communication, transportation, community integration and any other barriers to the persons receiving supportive services through TNC Community.

With 65 years in the intellectual/developmental disabilities field, we are an experienced, established provider. Our community-integrated residential supportive services can be summed up in three words – HOME, FAMILY and COMMUNITY.

Although our residential program is renowned for its high level of supportive care, the most amazing portion of our program is all of the individuals' personal success. Personal achievements such as regaining the strength and ability to walk again or another individual reclaiming her right to vote, we celebrate all the successes. TNC employees work side by side with each individual encouraging and motivating them while increasing their independence, making progress and achieving their personal goals outlined in their Individual Support Plan (ISP) and being members of their community.



I LOVE TO SWIM!

IN THE U.S., ROUGHLY 6.5 MILLION PEOPLE ARE IDENTIFIED AS HAVING AN INTELLECTUAL DISABILITY. (DOSOMETHING.ORG)

### **SUPPORTIVE SERVICES**

TNC Community is recognized as a community resource for helping people improve the quality of their lives. We work to achieve this by:

- Providing supportive services to each individual by working with them to develop and achieve personal goals.
- Promoting self-advocacy and self-determination as well as encouraging individuals to increase their independence and life skills.

#### Our supportive services include:

- ✓ RESIDENTIAL FACILITIES
- ✓ TRANSPORTATION
- ✓ HEALTH CARE MANAGEMENT AND OVERSIGHT
- ✓ FACILITY MAINTENANCE
- ✓ COMMUNICATION SERVICE
- PERSON-CENTERED PLANNING (IMPLEMENTATION-MONITORING-ADJUSTMENT)
- ✓ NUTRITIONAL SERVICES
- ✓ PERSONAL CARE ATTENDANT SERVICES
- ✓ RESPITE CARE

We also offer occupational and physical therapies through specialized providers.

ABOUT 1 IN 6 U. S. CHILDREN ARE DIAGNOSED WITH A DEVELOPMENTAL DISABILITY. (CDC)

#### **RESPITE CARE**

Respite care is temporary relief for caregivers from the ongoing responsibilities involved with providing supportive services. Respite is available either in the home, in the community or at other sites. These short-term breaks are designed to support the primary caregiver relationship while being responsive to all the needs of each individual.

#### PERSONAL CARE ATTENDANT (PCA) SERVICES

PCA Services help individuals with day-to-day activities in their home and community – such as employment or community access. Support services include essential daily living activities, health-related procedures and tasks, light housekeeping and meal preparation.

Call for eligibility and more details.





### RESIDENTIAL COMMUNITY FAQ'S

Selecting a home for your loved one is a difficult process. Listed below are key topics to consider as you visit each facility.

#### **SUPPORTED LIVING**

- Will your loved one have input on what he or she eats?
- Will employees help with medication, personal hygiene, meal times etc.?
- If your loved one wants to attend a community event, will transportation be provided?
- Can the individual receiving supportive services or the family make choices?

TNC Community offers a variety of group home and Individual Supported Living locations, all with 24-hour supervision. Someone is always awake to make sure that each individual has the care they need. Assistance is provided for daily living skills including meal time, grooming, hygiene, etc., and transportation is available for most outings. Additionally, customized personal care assistance is also available to individuals on an as-needed basis.

#### **RESIDENTIAL HABILITATION**

- Will the individual supported maintain his or her specific Individual Service Plan (ISP)?
- Will the employees help your loved one achieve personal goals?

TNC Community's employees work with each individual to achieve personalized goals and to accomplish as much as possible.

#### **COMMUNITY INTEGRATION**

- Will employees assist with vacation plans for your loved one?
- Will the individual be able to continue attending the church of his or her choice?

TNC Community provides assistance with planning activities in the community with transportation available for these outings.



I LOVE TO BE OUTSIDE!



I LOVE MUSIC & SHOPPING!

#### **HEALTHCARE OVERSIGHT/MANAGEMENT**

- Does the organization employ a Community Registered Nurse (RN)?
- Can your loved one keep his or her current doctor?
- How often will your loved one see the doctor?
- Can the individual or family member make doctor's appointments?
- What happens if the individual has an emergency during the night?
- If an individual needs to be transported to the hospital, will an employee be present?
- What if your loved one runs out of medication or isn't feeling well?

TNC has two Community Registered Nurses that provide a monthly health status review. Additionally, TNC offers 24-hour on-call healthcare services including pharmaceutical, assistance with scheduling doctor's appointments, transportation to the appointments and a weekly review of medications and medical status by a Health Support Coordinator. In the event that hospitalization is needed, in most cases an employee will stay with your loved one until the family arrives.

#### **HEALTHCARE AND NUTRITION**

- Can your loved one help with the menu?
- Does an individual choose what he or she wants to eat?
- Will your loved one help with grocery shopping?
- What if your loved one has a food allergy or a specific food need?

TNC has contracted with a registered dietician for nutritional evaluations and education who conducts a full health assessment for each individual that takes into account their specialized needs, provides assistance for the menu planning at each of our homes, and is available at any additional times should the needs or diagnoses change.



I LOVE MY FAMILY & ELVIS!



I LOVE TO BE SOCIAL!

10% OF AMERICANS HAVE A FAMILY MEMBER WITH SOME SORT OF INTELLECTUAL DISABILITY. (DOSOMETHING.ORG)

### GET INVOLVED TNC NEEDS YOU!

#### WE HOPE YOU'LL CONSIDER PARTNERING WITH TNC COMMUNITY TO HELP MAKE A DIFFERENCE IN THE LIVES OF INDIVIDUALS.

## VOLUNTEER

DONATE

GIVE

Most of the individuals are on an extremely limited budget. Cash donations help purchase assistive devices, help pay for additional employees, support and widen their opportunities for activities.

You can have a direct impact on the lives of individuals by volunteering your time to help assist with activities (in the homes or in the community) or by helping out around the house with landscaping or small home repairs.

New or gently-used household items such as furniture, linens and kitchen items are always welcome. We even take vehicle or stock donations.



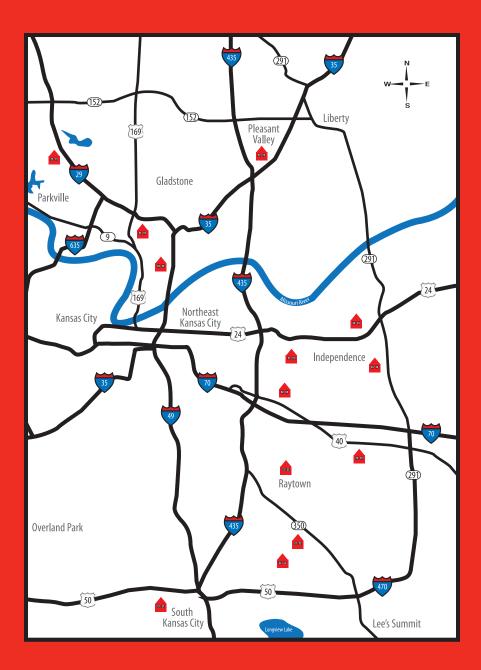
WE LOVE OUR VOLUNTEERS!



I LOVE TAKING WALKS AND FEELING THE BREEZE!

EXT STEPS?

Call us, we're here to help! 816-373-5060 www.TNCCommunity.com





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www.tnccommunity.com

Facilitating the Diversities of the Developmentally Disabled since 1949.